



# Highland Park *Spine & Sports Medicine*

## Patient Summary

### PATIENT INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_  
Age: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ Sex:  Male  Female

### PROVIDER COMPLETES THIS SECTION:

Date you want this submission to begin: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

Patient Type:  New to your office  Est'd, New Injury  Est'd, New Episode  Est'd, Continuing Care

Nature of Condition:  Initial Onset (within last 3 months)  Recurrent (multiple episodes of 3 months)  
 Chronic (continuous duration 3 months)

Cause of Current Episode:  Traumatic  Unspecified  Repetitive  Work Related  Motor Vehicle  
 Post-surgical:

Date of Surgery: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

Type of Surgery:  ACL Reconstruction  Rotator Cuff/Labral Repair  Tendon Repair  
 Spinal Fusion  Joint Repair  Other: \_\_\_\_\_

Diagnosis (ICD Code) *Please ensure all digits are entered accurately:*

1°     .      2°     .      3°     .      4°     .

Height: \_\_\_\_\_ - \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Temperature: \_\_\_\_\_

DC Only

Anticipated CMT Level:  98940  98941  98942  98943

# Patient Summary

PATIENT COMPLETES THIS SECTION:

Date symptoms began: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

1. Please describe the current complaint:

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2. Average pain intensity (1 being lowest pain, 10 be the highest, please circle):

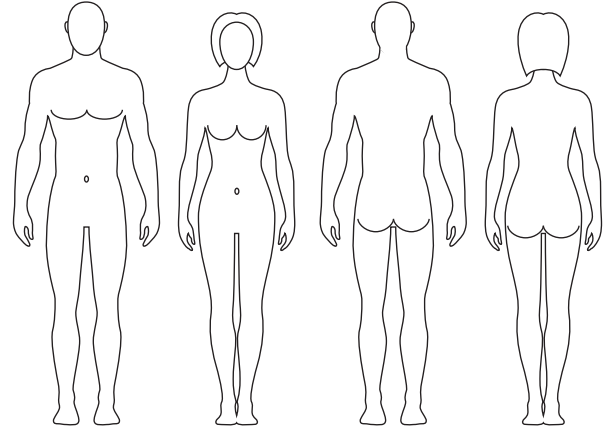
0 1 2 3 4 5 6 7 8 9 10

3. Please describe how your symptoms started:

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*Please indicate where you have pain or other symptoms*

4. How often do you experience your symptoms?:  Constantly (76%-100% of the time)  Frequently (51%-75% of the time)  
 Occasionally (26%-50% of the time)  Intermittently (0%-25% of the time)

5. Please describe your current pain/symptoms:

- |   |   |   |  |  |
|---|---|---|--|--|
| aching<br>dizzy<br>pins and needles<br>sharp with movement<br>stabbing<br>other _____ | annoying<br>dull<br>pinprick<br>shooting<br>throbbing | burning<br>headache<br>popping<br>stiff<br>tingling | cramping<br>numbness<br>radiating<br>sore<br>tight | deep<br>pinching<br>sharp<br>spasm<br>weakness |
|---|---|---|--|--|

6. What makes your problem worse? (aggtavating factors):

- |   |  |  |   |  |
|---|--|--|---|--|
| airplane travel<br>driving<br>inactivity<br>lifting<br>rotational looking<br>sleeping<br>twisting<br>wearing high heels | bending<br>exercise<br>lateral bending<br>lying down<br>running<br>sneezing<br>stress _____<br>other _____ | computer work<br>golfing<br>laying on side<br>movement<br>sitting<br>straining<br>throwing | coughing<br>high kicking<br>looking up<br>nothing aggravates<br>standing<br>stair stepping<br>squatting | cycling<br>household chores<br>looking down<br>reaching<br>stooping<br>tennis<br>walking |
|---|--|--|---|--|

7. What makes your problem better? (relieving factors):

- |  |   |   |  |                                      |
|--|---|---|--|--------------------------------------|
| analgesic/topical<br>massage<br>sitting<br>other _____ | chiropractic<br>movement occurs<br>standing | heat is applied<br>no movement occurs<br>stretching | ice is applied<br>nothing improve<br>stretching/exercise | lying down<br>rest occurs<br>walking |
|--|---|---|--|--------------------------------------|

8. How much have your symptoms interfered with your usual daily activities?:

Not at all  A little bit  Moderately  Quite a bit  Extremely

9. How is your condition changing since care began at our facility?:

N/A First visit  Much worse  Worse  A little worse  No change  Better  Much better

10. In general, would you say your overall health right now is:

Excellent  Very good  Good  Fair  Poor

Patient's signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_